



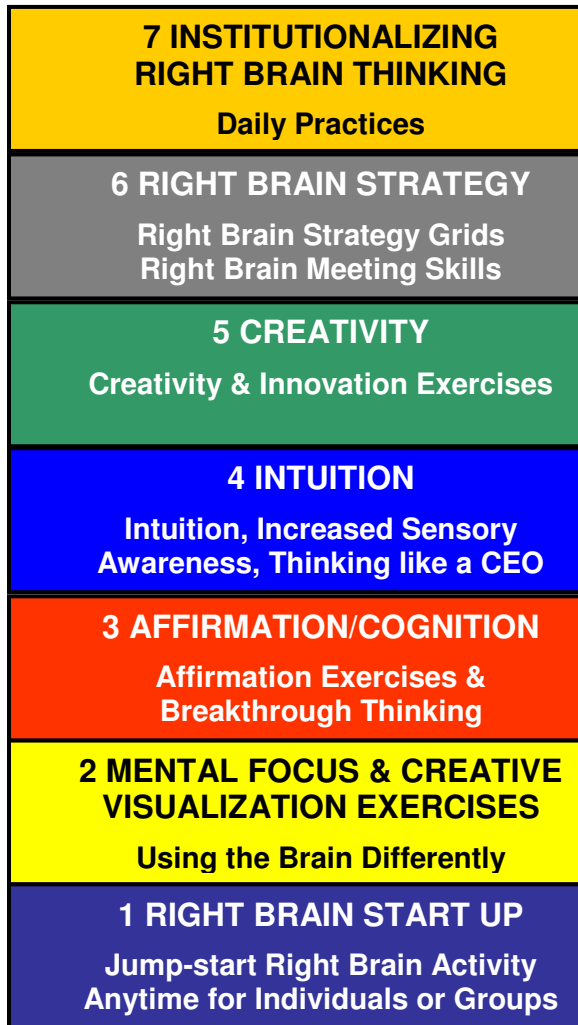
Right Brain Aerobics™ & Right Brain Express

5400 Carillon Point | Kirkland, WA 98033 | www.rightbrainerobics.com
 425-214-2926 – Sandra@rightbrainerobics.com - Sandra H. Rodman, CEO
 Former Fortune 500 Company & Non-Profit Senior Executive with decades in creative and
 and intuitive arts, training management and development.

For organizational business training contact: Bill Gallagher, Present, Gallagher
 Management Company – bill@gallaghercompany.com – 410-905-2055

Right Brain Aerobics™ & Right Brain Express at a Glance

Redefining Success in the 21st Century...
 Institutionalizing Right Brain Thinking
 More Innovative Thinking, Sharper Thinking
 Integrating Left & Right Brain Problem-Solving



Developing accelerated mental skills, using the brain differently

Right Brain Aerobics™ and Right Brain Express (a shorter “express” PowerPoint edition of Right Brain Aerobics) are innovative organizational and individual training methodologies for institutionalizing right brain thinking--a right brain structure for managing, teaching or “right brainstorming” on any subject to generate 100’s of creative ideas.

Right Brain Express PowerPoints + Extensive RBA Training Manuals have Techniques to:

- Develop creative, inspired team leadership, sharper thinking skills;
- Accelerate right brain creative-intuitive idea generation on the fly;
- Utilize the brain in new ways to integrate right & left brain abilities to strategize, partner, and learn;
- Improve mental focus, flexibility, concentration, adaptability to change, affirmative self-image constructs;
- Institutionalize innovative thinking, developing skills & pulling ideas from all organization levels;
- Improving productive, effective meeting & classroom techniques;
- Learn multidimensional thinking, ability to synthesize data with new mental viewpoints; generate new strategies, right brain symbol interpretation
- Integrate left and right brain using “**Right Brain Strategy Grids**” for bottom line problem-solving.

Right Brain Aerobics was developed for business and career results. **Right Brain Express** and Complete Training Manuals allow for multiple training structures to meet the needs of career or organization in any industry.

Right Brain Aerobics™ & Right Brain Express: Based on Key Foundational Right Brain Acceleration Practices.

Each skill builds on previous mental exercises: A **Cumulative Effect.**

© 2010, S.H. Rodman